

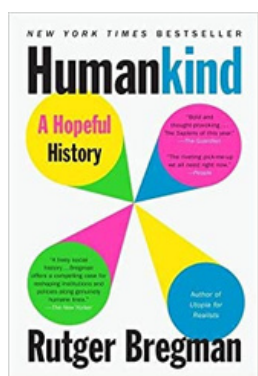
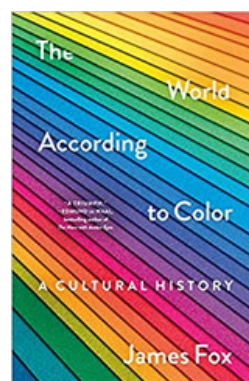
Reads that Empower Humankind

To empower humankind toward a more "human world", we need to explore the human condition. These books, chosen by our founder and President, Vanessa Ferlaino, explore human nature through vastly different ideologies in our current structure of society. It is knowledge from these different areas that can challenge us to think differently.



THE WORLD ACCORDING TO COLOR / DR. JAMES FOX

BAFTA-nominated broadcaster and art historian, Dr. James Fox, goes through 7 elemental colors using stories, mythologies, and art history to show us how the meanings of color has evolved through time, culture, and civilizations, opening up our minds to the evolution of human nature.



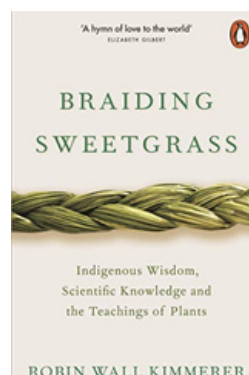
HUMANKIND: A HOPEFUL HISTORY / RUTGER BREGMAN

In this book, journalist and writer, Rutger Bregman, challenges the assumption that humans are "innately evil" by exploring current sociology and anthropology theories, how they rose to fame, and introducing other data and stories that challenge these representations and factual bases.



BRAIDING SWEETGRASS / ROBIN WALL KIMMERER

In this thoughtfully-written book, botanist Robin Wall Kimmerer invites us into the world of nature and its wisdom. She shares many cultural and personal stories as a member of the Citizen Potawatomi Nation, weaving the impact of patriarchal and institutional systems on these stories. Robin will give you a whole new perspective of how the human condition is shaped by nature.



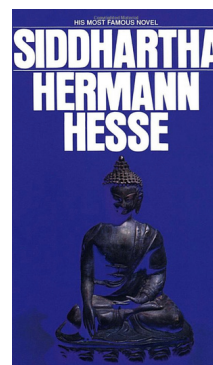
WHITE TEARS BROWN SCARS / RUBY HAMAD

Ruby, an author and journalist, addresses culture, patriarchy, and colonization to put to words the phenomenon many of us experience and witness when it comes to white feminism and its harmful role in perpetuating racism. Ruby's arguments will force you to question how this socialization has informed your own actions and beliefs so you can make a difference in your own intentions.



SIDDHARTHA / HERMANN HESSE

This story is the journey of all journeys, the search of all searches, through suffering, enlightenment, and back to that sense of eternal truth, eternal timelessness. The difference between knowledge and wisdom, thoughts and words, soul and life, is the "song of a thousand voices", the universal OM and the sense of oneness we must rediscover for ourselves and each other.



Pledge to Betluman at www.vanessaferlaino.com/thebeinghumanfoundation